Biosafety and Infectious Disease Train-the-Trainer: Health and Safety Essentials for Health Care Workers and First Responders

**Course Description:** The goal of the Train-the-Trainer course is to prepare individuals to facilitate Awareness and Operations level courses at their own institution. This course will prepare participants to teach the role of the Donning/Doffing Expert (DE). The in-person component will consist of reviewing the high points of Awareness and Operations course including what must be taught when trainers go back to their institutions to teach. Participants will also receive a rubric that can be used to evaluate DE and provide feedback.

**Module 1: Adult Learning Principles (online)**
- Define learning
- Explain the difference between directed learning and facilitated learning
- Describe the four types of facilitated learning
- List five ways to promote an effective learning environment

**Module 2: Presentation Skills and Feedback (online)**
- List 3 key components to effectively introducing your course
- Describe the proper use of instructor presence and barriers in the classroom setting
- Demonstrate how to gauge student response to your presentation
- List 4 key components to effective public speaking
- Describe 4 strategies for giving effective feedback

**Module 3: Small Group Exercises (in-person)**
- Effectively use rubric to provide coaching and feedback to donning/doffing expert.

**Course Length:** 6 hours total. This is a blended course made up of 2 hours of online instruction and 4 hours of in-person practice and coaching.

**Prereqs:** Biosafety and Infectious Disease Awareness (4-hours) Biosafety and Infectious Disease Operations (4-hours).

**Contact:** Deep South Biosafety, dsbwtp@uab.edu

**Web:** https://www.soph.uab.edu/dsb/

**CEUs:** This offering has been approved for Emergency Medical Services continuing education by the Mississippi Bureau of Emergency Medical Services. Nursing and Social work (Pending).

**THESE COURSES ARE PROVIDED WITH FEDERAL FUNDING THROUGH THE NATIONAL INSTITUTE OF ENVIRONMENTAL HEALTH SCIENCES (1UH4ES027070-01) AND ARE FREE TO ANY HEALTH CARE WORKER OR PUBLIC SAFETY EMERGENCY RESPONDERS.**