Donning Your PPE for a Low Output Ebola Patient
Personal Protective Equipment (PPE) Definition

“specialized clothing or equipment worn by an employee for protection against infectious materials” (OSHA)
STEP 1-5:
Use restroom if needed
Remove all jewelry
Remove all clothing and undergarments
Ensure that fingernails are trimmed, hair is pulled back and secured in a low ponytail or bun, remove facial hair.
Ensure that there is no excess facial hair
STEP 6-8
Put on disposable undergarments and scrubs

Put on disposable footwear.

Secure glasses firmly with tourniquet.
STEP 9

Proceed to the appropriate clean zone and find your donning buddy
AFTER ENTERING THE DONNING AREA

STEP 1
Take and record vital signs
- Heart Rate
- Blood Pressure
- Temperature

If you have a temperature higher than 100.4, please notify supervisor. Do not proceed.
STEP 2
Hydrate
STEP 3-4
Wash hands and inspect for wounds, cuts, and scrapes

If you have any wounds, cuts or scrapes you should **NOT** be part of care team.
STEP 5
While seated, apply clear plastic boot covers
STEP 6

Apply blue surgical mid-calf boot covers. Ensure top of blue boot covers is above the top of the clear, inner boot covers.
STEP 7

Place blue bouffant cap on head, tucking all of your hair underneath the cap.

In order to fully secure all hair, it may be necessary to pull the bouffant cap down over the ears.
STEP 8

Put on N95 mask and check fit

Place over nose, mouth and chin
Fit flexible nose piece over nose bridge
Secure on head with elastic
  • Do not crisscross straps
  • Top strap goes on crown of head
  • Low strap to the back of the head
  • Make sure all straps are on the bouffant

Adjust to fit

Perform a fit check:
  - Check for leakage around face
STEP 9

Put on blue impermeable gown

Tie inner and outer tie loosely.

Have donning buddy velcro the back of the gown

Inspect to make sure the back of the gown is fully closed
STEP 10
Put on hood
STEP 11

Put on face shield

Position face shield over face and secure on brow with headband
STEP 12
Perform hand hygiene with an alcohol-based hand rub (ABHR) and let dry
STEP 13

Apply green inner gloves bringing the cuffs of the gown over the inner glove
STEP 14

Apply blue outer gloves over the inner gloves ensuring that the gown cuffs are covered

Bring the cuff of the gown down to the middle of the hand to help with securing gown under the outer gloves
STEP 16
Perform final inspection before entering the patient care area.

Move around in the suit to ensure the PPE is properly secured

Perform safety stop to insure the healthcare worker is prepared to enter the room
STEP 17-18
Sign log book and record time entering room

Enter the patient care area