CARDIA: A Quarter Century of Accomplishments

Event Date: Monday, September 9, 2013 - 12:00pm to 1:00pm
Add to Calendar

UAB Department of Epidemiology

Presents

James M. Shikany, DrPH
Professor, UAB
Medicine/Division of Preventive Medicine

“CARDIA: A Quarter Century of Accomplishments"

Dr. James M. Shikany is Professor of Medicine in the Division of Preventive Medicine, University of Alabama at Birmingham (UAB) School of Medicine. He arrived at UAB in 1993, after earning a Public Health doctorate from the UCLA School of Public Health. Besides his primary appointment in the Division of Preventive Medicine, Dr. Shikany is a Senior Scientist in the Comprehensive Cancer Center, Diabetes Research and Training Center, Comprehensive Center for Healthy Aging, and Minority Health & Health Disparities Research Center, and Scientist in the Nutrition Obesity Research Center, Center for Exercise Medicine, and Center for Cardiovascular Biology at UAB. Dr. Shikany’s professional efforts have been in the area of clinical research. His research interests are wide ranging, but center on the association between diet and the epidemiology and prevention of chronic disease, including cancer and cardiovascular disease. He has current and previous research funding from the National Institutes of Health (NIH), Department of Defense, American Heart Association, and American Cancer Society. Specific research foci include glycemic index and glycemic load, dietary fats, nutritional antioxidants, obesity, optimal dietary patterns, and novel methods of dietary assessment. Several of his projects have focused on the influence of glycemic
index and glycemic load on various components of the metabolic syndrome, including insulin sensitivity, blood lipids, and markers of inflammation. Still other studies have concentrated on specific nutrients and disease prevention, such as selenium and vitamin E and prostate cancer. Others have focused on optimal diets for the prevention and treatment of obesity. Several of Dr. Shikany’s previous and current studies seek ways to improve dietary assessment methodology, especially in neglected populations, such as rural African Americans. Dr. Shikany currently is PI of the Coronary Artery Risk Development in Young Adults (CARDIA) study Coordinating Center, the Birmingham site of the Osteoporotic Fractures in Men (MrOS) study, and the UAB subcontract for the National Transdisciplinary Collaborative Center for Research on African American Men’s Health. Dr. Shikany has performed several scientific activities on a national level. He has been Chair of the Behavioral Science, Epidemiology & Prevention peer review study group of the American Heart Association. Dr. Shikany has authored more than 100 publications in peer-reviewed journals and has delivered a multitude of scientific conference presentations in the area of nutrition and chronic disease. He also is a frequent reviewer for numerous scientific journals.

Monday,  
September 9, 2013  
* 12 - 1 PM *  
School of Public Health  
* RPHB 407*

Light Snacks Will Be Provided

Departments: Epidemiology