Why SOPH?

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Why Study Public Health at UAB?

We provide students diverse opportunities to collaboratively develop interventions to tackle today’s health issues, improve workplace health and safety, and strengthen the nation’s public health preparedness capabilities. Our students develop technical, scientific, and leadership skills attractive to business, industry, and academia. We address local and global challenges by building the next generation of bold professionals leading innovation in public health. Let us become your place of discovery and training; let us give you the knowledge that will change your world.

Why a Degree in Public Health?

Public Health is the science of protecting and improving the health of communities through education, promotion of healthy lifestyles, and research for disease and injury prevention. Public health professionals analyze the effect on health of genetics, personal choice and the environment in order to develop programs that protect the health of your family and community.

A graduate degree gives public health professionals a competitive edge over other professionals and enables professionals to:

- gain knowledge of the factors which influence local, national and global legislative and social polices;
- apply broad-based, state-of-the-art quantitative and qualitative skills needed for problem solving;
- develop multidisciplinary and collaborative strategies for solving health-related problems;
- enhance communication skills by working with diverse populations; and,
- be positioned for a leadership role in health promotion and disease prevention.

Why pursue a career in public health?

- Public health is an exciting and growing field of study. The field challenges its professionals to confront complex health issues, such as improving access to health care, controlling infectious disease, and reducing environmental hazards, violence, substance abuse, and injury.
- Public health is a diverse and dynamic field. Public Health professionals come from varying educational backgrounds and can specialize in an array of fields. A host of specialists, including teachers, journalists, researchers, administrators, environmentalists, demographers, social workers, laboratory scientists, and attorneys, work to protect the health of the public.
- Public health is a field geared toward serving others. Public health professionals serve local, national, and international communities. They are leaders who meet the many exciting challenges in protecting the public’s health today and in the future.
- Public health is a rewarding field. The field of public health offers great personal fulfillment - working towards improving people’s health and well being is a rewarding day’s work.