Helping Women Participate in Cardiac Rehabilitation Programs

Principal Investigator Vera Bittner, vbittner@uab.edu | Jerilyn Allen, jallen@son.jhmi.edu

Project Identifier Understanding the Determinants of and Barriers to Outpatient Rehabilitation Among Women with Coronary Heart Disease - SIP 00-001

Funding Source Division for Heart Disease and Stroke Prevention

Project Status Not active

Host Institution University of Alabama at Birmingham: Center for the Study of Community Health

Health Topics Cardiovascular health

Researchers are studying the extent to which women newly diagnosed with heart disease are referred to, enroll in, and complete cardiac rehabilitation programs. About 200 African American women and 200 white women aged 45 years or older, their physicians, and several cardiac rehabilitation centers are participating in the study through telephone and written surveys. Researchers are examining factors such as patients’ and physicians’ knowledge, beliefs, and attitudes toward rehabilitation services; the types of services offered; and the availability and accessibility of services. Researchers hope to find the best strategies for helping women access and complete cardiac rehabilitation programs.

Research setting
No specific focus

Race or ethnicity
Black or African American

Gender
Women or girls

Age group
Adults (25-49 years)

CDC PRC Research Projects Database - https://ncbddev.cdc.gov/PRCResearchProjects/